



Restart: How to ensure next time is better than last time

We learn from our mistakes in the areas that matter *least*. We repeat our mistakes in the areas that matter most.

3 Myths that keep us in the same cycle:

MYTH	-----	REALITY
Experience makes you wiser		<u>Evaluated</u> experience makes you wiser
Knowing better = doing better		Knowing better <u>≠ doing better</u>
Time is my enemy		Time is my <u>friend</u>

Next time can be better because you plan for it to be better.
Proverbs 27:12

Things we must do to ensure next time > last time:

- Own It** - Your best bet for a successful future is to own your share of the past
Genesis 3:9-13

We can't blame our way into a better future.
Blame enables us to smuggle our issues into our future.

Challenge: Draw circle of blame and own my share of the past

- Rethink It** – Change how you think so you can change how you behave

Romans 12:1-2

Renew = Restore - Taking off the old and putting on the new

Challenge : place yourself in situations, and around people that encourage you to renew your mind.

Ideas ⇨ Church Services, Life/Action Groups, GLS, Counseling, Support Groups, Baptism, Read the Bible, Memorize and Meditate on Scripture, join a Serve team

- Release It** – Decide to release the past, so the past can release you!

Key Word = *Forgive*

Forgiveness allows us to leverage the past to inform our decisions without having to lug around the baggage from the past.

Ephesians 4:26-27 | Ephesians 4:31-32

Challenge: Make a list of what they owe you so you can forgive them.

Restart- How to ensure next time is better than last time

July's Memory Verse – *Rejoice always, pray continually,* 1Thessalonians 5:16-17

Monday 7/18- Read Proverbs 27:1-17

Question: How can I ensure next time is better than last time?

Truth: *The prudent see danger and take refuge, but the simple keep going and pay the penalty.* Vs. 12

Meditate: Proverbs 27:17– *As iron sharpens iron, so one person sharpens another.*

Prayer: Lord, help me to plan for success and surround myself with people who will encourage me.

Action: *Perfume and incense bring joy to the heart, and the pleasantness of a friend springs from their heartfelt advice.* Vs. 9

Friends I will send a note of encouragement to today:

Tuesday 7/19- Read Proverbs 27:18-27

Question: How can I know the condition of my heart?

Truth: *As water reflects the face, so one's life reflects the heart.*

Meditate: Proverbs 27:21 – *The crucible for silver and the furnace for gold, but people are tested by their praise.*

Prayer: Lord, my heart is yours. May my life reflect a heart of love to everyone I meet.

Action: Memorize July's memory verse by putting it into practice.

How will I demonstrate God's love to others:

Wednesday 7/20- Read Romans 12:1-10

Question: How can I test and approve of God's will for my life?

Truth: *Do not conform to the pattern of this world, but be transformed by the renewing of your mind.* Vs. 2

Meditate: Romans 12:10- ***Be devoted to one another in love. Honor one another above yourselves.***

Prayer: Father God, teach me your ways. Give me understanding when I study your Word.

Action: *Love must be sincere. Hate what is evil; cling to what is good.*

Romans 12:9

What God is telling me:

Thursday 7/21- Read Genesis 3:1-13

Question: *And he said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?"* vs. 11

Truth: Adam tries to shift the blame for his disobedience back to God. *The man said, "The woman you put here with me—she gave me some fruit from the tree, and I ate it."*

Meditate: Genesis 3:13- *Then the Lord God said to the woman, "What is this you have done?"*

The woman said, "The serpent deceived me, and I ate." Eve also tries to shift the blame!

Prayer: Lord, when I make a mistake may I be honest enough to admit it and take ownership of my failures.

Action: Listen and obey as the Lord's commands and freely admit it when I fall short.

What God is asking me to do:

Friday 7/22- Read Ephesians 4:17-32

Question: Why is it important for me not to sin when I get angry?

Truth: *"In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold.*

Meditate: Ephesians 4:22-24- *You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.*

Prayer: Father I will forgive others because you have forgiven me through Christ.

Action: *Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.*

Who will I love this week and invite to church:
